

Fall 2025

LEADS classes are open to all and provide opportunities to:

- ✓ Think innovatively
- ✓ Develop career skills
- ✓ Gain valuable experience
- ✓ Cultivate an entrepreneurial mindset
- ✓ Make connections and broaden perspectives

Where do I find LEADS classes in the schedule?

LEADS classes are cross-listed between CHES (College of Humanities & Earth and Social Sciences) and COSC (Klein College of Science). Select the prefix that corresponds with the college of your major department.

Are there class standing restrictions?

All CHES/COSC 3000 sections require sophomore or higher class standing.

Can I take more than one CHES/COSC 3000 course in the same semester?

You may take more than one section of CHES/COSC 3000 but this requires an authorization. Reach out to Dr. Warner (jmwarner@charlotte.edu) with the sections you wish to take so that authorizations can be added to your account prior to registration.

Did you know about the LEADS certificate program?

Complete 10 credit hours of LEADS classes and you are eligible to earn the LEADS certificate. Scan the QR code to receive more information.



LEADS COURSE-BASED INTERNSHIP WITH UNC CHARLOTTE BOTANICAL GARDENS
CHES 3000-001, CRN 14951 or COSC 3000-001, CRN 14974 **3 credit hours**

This class is unique in that it pairs classroom learning with an internship experience. During the semester students will explore creative ways to contribute to the Botanical Gardens mission of bringing the world of plants to people. Specifically, student teams will work to develop strategies and best practices to educate the public about the importance of plants in everyday life and to inspire a love and appreciation for the natural world that surrounds us.

Class meets in person on Tuesdays and Thursdays from 10:00am – 11:15am

DESIGNING YOUR LIFE
CHES 3000-002, CRN 14952 or COSC 3000-002, CRN 14975 **2 credit hours**

This class is designed for students interested in exploring what it means to have a meaningful life and career. Students will be engaged in a series of activities over the course of the semester to reflect on the foundational questions of “Who am I?” and “What do I want to do?” Principles of design thinking will be used as a tool to help students design their future and leverage their strengths toward personal and professional success.

Class meets in person on Tuesdays from 1:00pm – 3:00pm

THE TED LASSO PLAYBOOK: BUILDING POSITIVE RELATIONSHIPS
CHES 3000-003, CRN 14953 or COSC 3000-003, CRN 14976 **2 credit hours**

This course is inspired by the wisdom, humor, and life lessons of everyone’s favorite optimistic coach, Ted Lasso. In this course, students dig into Ted’s unique, down-to-earth approach to building strong teams, understanding others, and finding resilience in tough times. This course will uncover ways to build positive relationships, create spaces where everyone feels included, and handle challenges with a mix of optimism and integrity—just like Ted. Whether you’re on the field or off, this course offers insights and strategies that go beyond the game, helping you bring a bit of “believe” into every part of life.

Class meets in person on Mondays from 2:30pm – 4:30pm

SPORTS AND SOCIAL JUSTICE
CHES 3000-004, CRN 14954 or COSC 3000-004, CRN 14977 **1 credit hour**

This is a first half term course (session runs August 18 – October 6)

This course examines social justice issues in society using sport as a lens to promote and encourage social movements. Students will explore the global footprint of sport and the influence of gender, economics, and geography within various levels of sport teams and organizations. Sport leadership principles will be used as a tool to discover how sport and sport organizations can influence social change.

Synchronous online class meetings on Mondays from 11:15am - 1:00pm

ETHICAL LEADERSHIP
CHES 3000-005, CRN 14955 or COSC 3000-005, CRN 14978 **1 credit hour**

This is a second half term course (session runs October 14 – December 10)

This class will explore principles of ethical leadership and how those principles can benefit individuals personally and professionally. Students will develop strategies that can help resolve conflict and improve decision making in the context of conflicting values. During the term, students will gain practical experience and create a personalized action plan for approaching personal, societal, and organizational leadership dilemmas.

Synchronous online class meetings on Mondays from 11:15am - 1:00pm

FOUNDATIONS AND PRACTICE OF ADVOCACY
CHES 3000-006, CRN 16603 or COSC 3000-006, CRN 16602 **3 credit hours**

Advocacy plays a major role in having your voice heard by those in power. In this class, you will acquire basic skills to advocate for yourself and for others. You will learn how to make your voice heard by building relationships with and effectively influencing decision makers. You will become familiar with the ways advocates organize, develop strategies, and challenge prevailing assumptions.

This hybrid course meets in person on Wednesdays from 2:30pm – 3:45pm and includes an asynchronous online component